FTYPE NGHS Form 9B FREV Rev. 0 01/95



GROWTH AND HEALTH STUDY NUTRITION FORM - B

ID number of NGHS girl:	 ······· — · –	RID	
Name code of NGHS girl:	 		
Visit number:	 		VISIT
		O_FORM	_
Date:	 Month	Day	Year
Please PRINT your full name:			
•			
	 	Last Nat	

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GROWTH AND HEALTH STUDY NUTRITION FORM - B

ID			
NC			
VN			

The first three questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes. 1. During the past 30 days, on how many days did you have at least one drink of alcohol? ALCHLFRQ 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 2. During the past 30 days, on the days when you did drink, how many drinks did you usually have? (One drink means: 12 oz. of beer, ale or malt liquor 12 oz. of wine cooler 8 oz. of a mixed drink such as gin and juice, 7&7, or Brass Monkey, etc. 6 oz. of wine 1 ½ oz. or a shot of vodka, tequila, Jack Daniels, etc. (For example, a 40 oz. bottle of beer would count as 3 drinks.) ALCHLNUM Write the number of drinks here. If you did not drink, write "0" on the line. 3. During the past 30 days, on how many days did you have four or more drinks of alcohol in a row, that is, within a couple of hours? DRNK4ROW 6-9 days

4. During and fe	g the past elt that you	12 months have were unable to	you eaten unusually stop eating once you	large amounts of fo started?	ood at one time	Yes No
If <u>1</u>	<u>10</u> , go to 0	Question 5.				
A. Ho	w often ha	ve you done this	in the past 12 month	ns?		NSTP12FQ
R	arely	(one to four time	es in the past 12 mont	:hs)		1
S	ometimes	(once a month of	or less)			2
C	Often	(once a week or	less)			3
F	Regulariy	(twice a week or	more)			4
B. Ho	ow often ha	ave you done this	in the past 3 month	s?		NSTP3FQ
1	have not d	lone this at all in	the past 3 months			
F	Rarely	(once or twice	in the past 3 months)			
S	Sometimes	(3 to 11 times	in the past 3 months)			
C	Often	(12 to 23 times	in the past 3 months)		
F	Regularly	(24 times or m	ore in the past 3 mon	ths)		
5. Durir	ng the past	3 months, how	important was your w	eight to how you f	elt about yourself?	
			IMPWTFEL		Very	
Ver Impoi	•	Important	Neither Important nor Unimportant	Unimportant	Unimportant	
6. Durir	ng the past	t 3 months, how	satisfied have you felt	t with your weight?		
			SATWT		\/o <u>r</u> :	
Ver Satis		Satisfied	Neither Satisfied nor Dissatisfied	Dissatisfied	Very Dissatisfied	

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7.	How much do you smoke cigarettes?	MKAMT
	I've never smoked	,
	I've smoked once or twice	2
	I've smoked a few times	3
	I smoke occasionally but less than once a month	□ •
	I smoke weekly but not every day	5
	I smoke every day or nearly every day	6
	I've smoked in the past but do not smoke now	7
8.	During the past 30 days, on how many days did you smoke cigarettes?	MK30DAY
	I did not smoke cigarettes during the past 30 days	1
	1 or 2 days	2
	3 to 5 days	3
	6 to 9 days	4
	10 to 19 days	5
	20 to 29 days	6
	All 30 days	7
9.	During the past 30 days, on the days you smoked, about how many cigarettes did you usually smoke each day? (Write "0" if you did not smoke during the last 30 days.)	NCIGDAY
		LOWT
10	. Do you believe smoking helps people keep their weight down?	
	Yes	No

Thank you very much for answering these questions.

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Visit number:		•••••		VISIT
Date			OO_FORM	
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				•
·				
Please PRINT your full name:				
				-
First Name	Middle Initial		Last Nam	ne



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10 or more days

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						NSTP12MO
4.	During the past and felt that you	12 months have were unable to	you eaten unusually l stop eating once you	arge amounts of fi started?	ood at one time	Yes No
	If NO, go to	Question 5.				
	A. How often ha	ave you done this	s in the past 12 month	ns?		NSTP12FQ
	Rarely	(one to four tim	es in the past 12 mont	:hs)		
	Sometimes	(once a month	or less)			z
	Often	(once a week o	r less)			
	Regularly	(twice a week o	or more)			
			s in the past 3 month			NSTP3FQ
	I have not		the past 3 months			
	Rarely	-	in the past 3 months)			
	Sometimes	·	in the past 3 months)			
	Often	(12 to 23 time	s in the past 3 months	s)		
	Regularly	(24 times or n	nore in the past 3 mon	ths)		
				-		
5.	During the pas	t 3 months, how	important was your w	eight to how you	telt about yourself?	_
			IMPWTFEL		.,	
	Very Important	Important	Neither Important nor Unimportant	Unimportant	Very Unimportant	
6.	During the pas	st 3 months, hov	v satisfied have you fel	t with your weight	?	
			SATWT			
	Very Satisfied	Satisfied	Neither Satisfied nor Dissatisfied	Dissatisfied	Very Dissatisfied	

+ 120 x 24 x 2

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	S S S S S S S S S S S S S S S S S S S	MKAMT
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